	Lunes	Martes	Miercoles	Jueves	Viernes	Sabado	Domingo
1	**Deca** oxandrolona	**Testex** oxandolona	oxandrolona	**Equipoise** oxandrolona	**Deca** Oxandro		
2	oxandrolona	**Sustanon** oxandrolona	oxandrolona	**Testex** oxandrolona	oxandrolona		
3	**Deca** oxandrolona	**Equipoise** oxandrolona	oxandrolona	**Deca** oxandrolona	**Sustanon** oxandrolona		
4	**Sustanon** oxandrolona	oxandrolona	**Equipoise** oxandrolona	oxandrolona	**Testex** oxandrolona		
5	**Winstrol** Dianabol oral/anadrol	Dianabol oral/anadrol	**Equipoise** Dianabol oral/ anadrol	Dianabol oral/anadrol	**Winstrol** Dianabol oral/anadrol		
6	Dianabol oral/anadrol	**Trembolona** Dianabol oral/anadrol	Dianabol oral/ anadrol	**Sustanon** Dianabol oral/anadrol	Dianabol oral/anadrol		
7	**Winstrol** Dianabol oral/anadrol	Dianabol oral/anadrol	**Trembolona** Dianabol oral/ anadrol	Dianabol oral/anadrol	**Winstrol** Dianabol oral/anadrol		
8	**Winstrol** Dianabol oral/anadrol	**Trembolona** Dianabol oral/anadrol	Dianabol oral/ anadrol	**Winstrol** Dianabol oral/anadrol	**Trembolona** Dianabol oral/anadrol		

- 4 Deca
- 4 Equipoise
- 4 Testex
- 4 Sustanon
- 2 Winstrol
- 1 oxandolona
- 1 Dianabol